





'I have limited time and budget, I'd like to get the best out of Switzerland in a week'

Week One: Discover Switzerland and Cultural Exposure

18-24 August, 2019

Day 1 Arrival and exploration

Aug. 18 (Sun.)

Day 2 Orientation, MIS campus tour;

Aug. 19 (Mon.) French class 101, western table manner, welcome dinner

Day 3 Intro to Switzerland;

Aug. 20 (Tue.) Communication in an international business context;

Day 4 Farmer market, little train tour in Fribourg Old Town;

Aug. 21 (Wed.) Excursion in the region: Maison Cailler the Chocolate Factory,

Gruyère Castle

Day 5 Excursion to Lausanne and France

Aug. 22 (Thu.) Visit Olympic Museum, Boat trip to Evian

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Doing postgraduate studies in Fribourg, PER campus tour

Aug. 23 (Fri.) Debriefing; Farewell dinner and certificate presenting

Day 7 Departure

Aug. 24 (Sat.) or combine with independant travelling in Switzerland or in Europe

'I want to live a genuine student life abroad, learn / improve French or German, enjoy Swiss culture and make friends'



OPTIONAL Week Two: Study / improve French or German 25-31 August, 2019

Day 8 Free time

Aug. 25 (Sun)

Day 9 – Day 13 5 mornings of Intensive French or German Course at Unifr's Aug. 26 (Mon) Language Center (levels offered from Absolute Beginner to

Aug. 30 (Fri) mid-advanced)

Independant study mixed with outdoor activities in the

aftertoon

Day 14 Departure

Aug. 31 (Sat.)





Hotel Elite

- Located in the city center, 3-min walk to the UniFr, cafeteria and the language center
- All rooms have en-suite bathroom.



Double room

Single room





Hostel at Guinzet

- 8-bed per room. Shared bathroom, communal kitchen.
- 20-min walking distance to UniFr





Wifi and breakfast are included, pictures are for reference only

In Swiss franc (CHF: RMB = 1:7)	ONE-WEEK COURSE PRICE	TWO-WEEK COURSE PRICE	
Hostel bunk-bed	1150	2000	
Hotel double-room	1250	2200	
Hotel single-room	1350	2450	

What are included in the price:

- ✓ Train tickets between Fribourg and Geneva/Zurich airport
- ✓ Program tuition
- ✓ **Little train ride** in Fribourg old town
- ✓ Transportation to Gruyère, Lausanne and Evian (train, bus, boat)
- Guided tour in Evian the famous water village
- Entrance to Gruyère Castle and Maison Cailler
- Entrance and audioguide to Olympic Museum in Lausanne

For one-week participant

- Lodging of 6 nights
- 4 lunches and 2 served dinners stated in the program

For two-week participant

- **15-hour** intensive French or German class
- Lodging of 13 nights
- 9 lunches and 3 served dinners stated in the program

What are not included in the price:

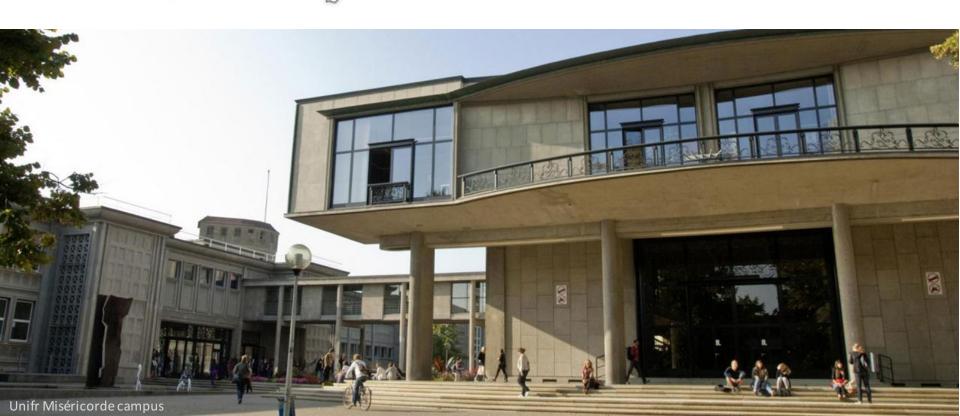
- ✓ Schengen visa
- ✓ International air tickets
- ✓ Meals of self-arrangement
- Expense of independent activities



University of Fribourg (Universität Freiburg / Université de Fribourg) was found in 1889 and is a comprehensive research university. It is one of the twelve public universities in Switzerland and is the only bilingual university, which offers full curricula

in both French and German.

According to the latest ranking of Times Higher Education, the university features as one of the best 100 universities in the world in the category International Outlook, and is ranked amongst the best 250 of around 17,000 universities worldwide.







Dr. Bernhard Altermatt
Faculty of Arts and Humanities
Introduction to Switzerland
Dr. Altermatt holds a PDH degree in
Contemporary History from the
University of Fribourg.

Dr. Altermatt is devoted in promoting the bilingualism in Fribourg and is actively involved in various local educational and-political associations. He works as a lecturer and researcher in the Center for European Studies and Institute of Federalism.



Prof. Pia Stalder Faculty of Arts and Humanities

Communication in an international context
Prof. Stalder holds a PHD degree from
University of Bern and University of
Fribourg, she analyzed the verbal and nonverbal communication strategies in
international business meetings.

Prof. Stalder is an expert in business communication and strategy in international work settings. She has worked for several private 'companies and for the Swiss Parliament.

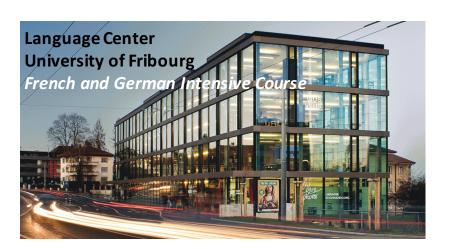


Dr. Dingqi Yang Faculty of Science and Medicine

Post-graduate studies and Academic Career in Europe/Switzerland Explained

Dr. Yang is a Senior researcher in the Dept. of Computer Science. He received the PHD degree in Computer Science from Institut Mines-Télécom/Télécom SudParis and Université Pierre et Marie Curie Paris VI.

His research fields are in Social Media Big Data Analytics; Computational Social Science; Ubiquitous Computing; Social Computing ands o on.



Mrs. Marielle de Dardel International Relations Office

Orientation

Mrs. de Dardel has been the Head of International Relations Office since 2004. She has a Master degree in Chinese Arts and Language from the Institute of Oriental Language, Paris III.

Mrs. de Dardel has over thirty years of professional experience in international culture exchanges in the private and public sectors indifferent countries including Switzerland, United States, Australia, China and France.





'Switzerland, I have come, I have lived and I have lots of attachments now in Fribourg...' Lv Yalei, 4the year Bachelor student, Computer science and technology, Nankai University 吕亚蕾,南开大学计算机专业大四学生,参加2018暑期两周文化加德语课程

这是我第一次出国,初衷是为之后出国留学了解和感受国外的大学和生活。两周里我体会了许多中国和瑞士之间的差异。瑞士的 美景令我的目光一刻无法移开;除课程安排的集体出游之外,我还在自由活动时间去了瑞法德三国交汇的巴塞尔、联合国欧洲总 部的日内瓦。瑞士行车礼让行人,完善的垃圾分类,以及友善又热心的瑞士人给我留下了深刻的印象。瑞士——我来过,生活过;在 这个遥远的国度,我和弗里堡这座城市、弗里堡大学与一群可爱的人产生了奇妙的联结。







































'The language class is a real experience mixing with European students, it is a great chance to integrate the local student life.' Gu Jiajia, 1st year Master student, English Translation, University of Science and Technology of China 谷佳佳,中国种技大学英语专业研学生,参加2018暑期两周文化加法语课程

这座精致的欧洲小城给弗里堡大学带来独特的历史韵味和浪漫气息。晚餐后漫步小城道,回望鳞次栉比的桔顶小屋,刹那间恍 惚觉得自己化身中世纪的公主,弗里堡已经成为我心中瑞士城市的top 1.

没想到我报的法语零基础班,老师竟采用全法语授课,不过借着他生动幽默的方式,我竟然能明白许多!法语课堂上其他学生 都是欧洲人,给我们中国来的同学提供了很真实的欧洲课堂体验,是一次非常好的与外国学生融合和学习的机会。









































'I start to miss the place when I am about to leave... I will be back soon' 胡艺腾,复旦大哲学系大三学生,参加2018暑期一周文化课程,并利用第二周在瑞士自由行

文化课上我学到了许多瑞士的政治、历史和人文知识。没想到课程里的西餐礼仪在告别晚宴上得到了实际应用。 行程中的游览令人难忘:乘小火车环绕弗里堡老城区感受时光,在奥林匹克博物馆的火炬前久久伫立,在巧克力工厂探寻制作 工艺,还有坐船到法国依云溯源纯净水的传奇。访学结束后我开启了一段自由行,俯视夜幕低垂的因特拉肯,采尔马特徒步看 第一缕金边的马特洪峰。手机没电在卢塞恩街头只能靠一路搭讪问话回酒店的狼狈经历,却成为我人生所有旅行中最喜欢的一 段回忆。真是应了这句"还未离开就开始怀念",同时我也相信:不久的未来我一定还会再回来瑞士。



subjec	t to change						
	Week 1						
	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	18-Aug	19-Aug	20-Aug	21-Aug	22-Aug	23-Aug	24-Aug
	Arrival in	Formal Welcome;	Lesson: Intro to	Farmer market	Day trip in the	Post-grad. studies	Check-out and
	Fribourg	Orientation	Switzerland		Geneva Lake Area:	in UniFR Explained	Return
AM				Little train tour	Lausanne, visit		
		MIS campus tour			Olympic Museum	PER campus tour	
		Lunch at Mensa (Uni Café), Thursday in Olympic Café					
		Lesson: French	Lesson &	Explore the	Ferry to Evian in	Debriefing of Intl	or resuming
		lesson 101	Workshop:	Chocolate Factory	France	Comm.	independent
PM		Workshop: Western	Communication in	Maison Cailler	and return		travel in
HVI	Free time	table manner	an international	and			Switzerland or
	Free time		context	Visit Castle Gruyère			in Europe
				and village			
			Farewell dinner				
	Welcome dinner		dinner self-arrangement			and certificate	
	Week 2	Optional	Out of the semester, dinner is not served in the UniFr café				
	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	25-Aug	26-Aug	27-Aug	28-Aug	29-Aug	30-Aug	31-Aug
AM		Preparatory Class	Inter				
			Lunch at Mensa				
	Free time	Level test &		Outing	Outing	Exam;	Departure
PM		Preparatory Class	Tour in Bern	(dinner provided)	(dinner provided)	Closing & Certificate	
		continues	1	,	ľ , , , , , , , , , , , , , , , , , , ,		











Unifr Pérolle campus